

Signs of An Opioid Overdose



Not Responding

Doesn't move and can't be woken.



Slow or Not Breathing

A breath every 5 seconds is normal.



Making Sounds

Choking, gurgling sounds or snoring



Blue Lips & Nails



Cold or Clammy Skin



Tiny Pupils

Overdose is a medical emergency – **CALL 9-1-1**

Tell operator: Person is **not responsive** and **not breathing**

How to Use Narcan Spray

- **Remove** device from packaging. Do not test the device. There is only one dose per device.
- **Tilt the person's head back** and provide support under their neck with your hand.
- **Hold the device** with your thumb on the bottom of the plunger. Put your first and middle fingers on either side of the nozzle.
- **Gently insert the tip of the nozzle into one nostril.** Your fingers should be right up against the nose. If giving to a child, make sure the nozzle seals the nostril.
- **Press the plunger firmly** with your thumb to give the dose.
- **Remove** the device from the nostril.

